

Dancin' Feet Dance School Dance Class Descriptions

Dancin' Feet offers dance lessons to students age 2.5 - Adult. When placing students in class we consider age, ability and experience for class placement.

2.5 - 3 year old PARENT/DANCER CLASS: This class is designed for a fun introduction to dance and rhythms. These classes expose the young child to the world of dance in a very relaxed and fun way, with creative song and dance, props, and fun music. Parents join with class to help ease the transition and learning the class structure. Part way through the year dancers will begin to dance in class on their own.

3-4-5 COMBINATION CLASS: This class is designed for fun. We will also learn very basic fundamentals of tap, jazz and ballet. These classes expose the young child to the world of dance in a very relaxed and fun way, with creative song and dance, props, fun music, and lots of dancing.

5-6 COMBINATION CLASS: The basic fundamentals of tap, jazz and ballet are taught. Class is relaxed and fun with more technique being introduced to the dancers dance vocabulary.

Students that are 6 years of age and older have the option to start focusing on specific areas of dance. This allows for more time to be spent on technique and learning dances that are specific to these styles.

BALLET: Technique and placement. Ballet is a precise, controlled dance form. Movements develop strength, agility, flexibility and grace. This is the basis of many dance forms and is highly recommended for those dancers wanting to continue with Jazz and Lyrical. Barre work, center and across the floor technique along with dance combinations will be taught.

JAZZ: Turns, kicks, and leaps are some of jazz moves dancers will learn. Jazz is an upbeat, energetic class. Technique, stretching, across the floor work and conditioning along with combinations will be taught.

LYRICAL: Blend of ballet and jazz. Across the floor technique, center work along with dance combinations will be taught.

TAP: Fun rhythmic dance form. Done on the balls of the feet. Intricate footwork and rhythmic timing will be taught. Fantastic cardiovascular exercise.

CLOGGING: An American dance form that is done flat footed. Shoes have double toe and heel taps. A very popular, energetic, fun class. Clogging steps and dances along with across the floor will be taught. Different styles and class options include Appalaichain, Buck, Flatfoot, Canadian and Challenge Clogging.

PERFORMANCE TEAMS: Perform once a month for community service and special events. Requires two dance classes per week and an attendance commitment. Placement is by age and ability. Performance teams are offered in Jazz and Clogging.

ADULT CLOGGING: Fun, energetic, class. Learn steps and dances. Levels range from beginning to advanced.

OPEN CLOGGING: This class is for the recreational clogger that just wants to dance with technique already acquired. Dances are taught at the intermediate level. It is open to all ages of dancers.

FITNESS AND JUMP ROPE: Stretching, strengthening and cardio workout. Great fun with upbeat music and fun jump rope tricks. Great for all ages!

HIP HOP: The style and technique taught at Dancin' Feet is a conservative style of this popular street dance style. It has a lot of quick arm movements and "tricks". This is a high energy, fast paced class.